

DION Board Meeting Minutes (12.08.2021)

Date: August 12, 2021

Time: 1400 – 1600

Place: Teams

Invited: DION board members 2021/2022

Attended: Martin, Regina, Siamak, Payel, Aida, and Amanda.

Meeting chair: Martin

Minutes by: Siamak

1) Opening

After the greeting, Martin emphasized on the fact that in the meetings the decisions should be clearly stated. Further, he suggested that the board members can vote if all the members do not have the same opinion on an issue.

The next meeting which will be held physically is planned for August 26th. Martin suggested that the meeting if we can use the same conference room in Ludwig's department as the one where the first meeting took place. In this meeting, all the board members will participate at Trondheim. Aida and Olga will travel to Trondheim from Gjøvik. DION would support their travel expenses (by train). Further, their accommodation was discussed, and it was suggested that DION would financially support their stay at a hotel in Trondheim. On the same day, a dinner and gathering at a pub was planned. Regina will follow up the reservation of the pub (OX) or restaurants for 8 people. It was stated that It would be nice if the previous board members are invited to join after the dinner.

2) Previous protocol

The minutes from the previous meeting was uploaded by Payel.

3) Previous work

In this section, the previous events and works have been briefly discussed.

- BBQ in Trondheim: More than 70 people participated. Regina, Amanda, Payel and Siamak were organizing this event. It was suggested by Regina that it is better to have more members in the next events in order to involve more with the participants. Moreover, she added that assigning shifts to the members in advance can be beneficial.
- BBQ in Gjøvik: According to Aida, around 20 people attended this event. She stated that the participants were satisfied by the event.
- Zumba event: It was organized by Olga. As Martin said that although a few people joined the initiative of planning such events is appreciated.
- Summer grants: Ludwig wrote an email to the applicants. However, the result must be followed up.
- Promotional packages: Amanda said that the pens with DION logo are arrived.

4) 25th birthday celebration

It was decided that the DION 25th birthday and the semester kik-off will be celebrated as one sets of events. In this regards, two events in two consecutive weeks are suggested by Regina and accepted by all the board members.

- 1) Gathering at [Work Work](#) on Friday September 3rd . Amanda is responsible to ask if it is possible to bring a birthday cake or order one there. This event would include board games, computer games and shuffleboard provided by work work.
- 2) A hiking to [estenstadhytta](#) on Saturday September 11th . Siamak will be responsible for snacks and checking with estenstadhytta.

In Gjøvik, Aida mentioned that they will have a celebration with cake and pizza on September 3rd.

5) Mental Health Week

As Martin suggested, the first week of November is chosen for the mental health week. He referred to the previous board plan for mental health week as the thematic days, for example, the physical training. He recommended that board members can come up with their own ideas regarding each day of this week. In this regard, Amanda suggested the Dog therapy day. Then, Ida shared her own experience from the last year. She mentioned that the events were mainly

held in Trondheim and were streamed in Gjøvik. She also mentioned that there are facilities in NTNU for mental support.

Martin as a PhD student in psychology has some plans for organizing an event focusing on the mental health issues and depression. He also mentioned that he is looking for relevant lecturers from NTNU focusing on the work factors. After brainstorming on the ideas for events in mental health week, some ideas including the Improve workshop and Yoga classes and lectures from SIT were mentioned. In the end, it was decided to ask people what kind of mental supports they need mostly. It will be done through a poll or survey in social medias.

6) Other upcoming events

- Regina will present DION for stipendiatsamling ved Institutt for samfunnsmedisin og sykepleie on September 16th. She is also interested in presenting DION for IKP on September 8th at 14:45. As Payel mentioned all the presentation samples are in Teams files.
- Siamak mentioned about presenting DION for methods of research, science and ethics phd course. This course for the faculty of engineering is called [IFEL8000](#). In the end, it was suggested that everyone may ask their own faculties regarding these kinds of courses, and the possibility of DION presentation to the new PhDs.
- Amanda will attend the Innovation meeting next week, but the agenda is not published yet.
- Martin stated that the Stipendiat I Norge is seeking for our comments on a document regarding a government proposal for digital strategies for university and high schools. He ask if anyone is interested in reading such document.

7) Adjournment

Meeting ended at 15:20.

The next meeting is the 26th of August from 1400 –1600.