



## Board Meeting 007 /2019 - Agenda

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**Date:** December 17, 15.00 - 18.00

**Place:** GLØSHAUGEN, Room Savanne

**Invited:** DION board members and observers

**Invited observers:** Francesca Bajada

**Meeting chaired by:** Angelina

**Minutes by:** Elodie

**Attending:** Erland; Francesca; Musab; Tor Anders; Mattia; Elodie; Angelina; Davit (via Skype)

**Excused:** Lisa

### Agenda

**Welcome / Quick check-in/ update from each board member: How do you do? (5 minutes)**

### Cases

**15:05 - 15:30: Updates of past events (25 Min)**

-Gjøvik (Davit)

November: 3 events: Flee market; Bowling and pizza (26 people - high satisfaction); Cake to recruit DION people.

Ice-skating event (supported by DION grant): NOK 50/person. 15 people attended.

Davit would like to have a grant for Gjøvik while he is away to keep events going.

- Film events (Mattia; Elodie; Musab)

November: only 1 attendant

December: 8-6 people

Fridays seem to work but attendance depends on the movie.

- Video Project, Minigolf, Improv (Musab)

Video project went well. Final project to be ready in January but there is nothing for DION to do now.

Mini golf: 33 people came, including 2 families. A good event to keep (not too expensive, NOK 3500)

Improv: 10 people attended and it was very appreciated by participants. To do again

- PhD Lunch (Erland)

About 20 people came.

To test in Dragvoll.

- Onboarding Meeting follow-up (Angelina)

Lisa is part of NTNU task force on that.

- Presentation at Medicine Faculty (Mattia)

Seminar for new PhD supervisors - 30 people attended. Wide range of attendees. DION led a discussion on what the supervised PhDs expect from a supervisor. Good feedback from participants. Lisa will write a summary to help supervisors - to publish on DION's media channel.

- Ålesund (Angelina)

One of the events will have to happen next year as the organizer is on paternity leave.

The language café went well, people seemed very happy. The contact person also seemed very responsive. He can be a good contact point for Ålesund.

- Forskningsutvalget (Angelina)

They aim to clean up the PhD course list, make courses more efficient (too many courses for too few PhDs). Some concerns about the attempts to reduce costs in this process. A working group has been established to work on that.

- International diversity report (Angelina)

New report on international temporary staff on their integration at NTNU. Will be launched next year - DION can help/support the launch event.

After study survey from NTNU former students (Angelina)

Very limited participation from PhD. Can be a 'hook' for us to start a conversation about career prospects and follow-up for PhDs/post-doc.

- PR material (Angelina, Erland)

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T-shirts have arrived - pick them up at Kine's Office

The roll-up has been ordered and should be delivered before Christmas.

- Julebord (Mattia, Tor Anders, Lisa)

32 attendees. Very successful event. We had too much food due to cancellations (plan less food next time)

The quiz went well. As it was a Monday people didn't stay late but it seemed appreciated.

### **15:30 - 16:15: Mental Health Week (45 Min)**

*Francesca reached out to DION with her idea of organizing a theme week on mental health.*

Overall issue of health and wellbeing among PhDs and post-doc. No course for PhD on stress, the information on what staff is entitled to is not well known.

Having an awareness week on Mental health to share this information. Forskerforbundet is willing to create a stress management course in Trondheim.

There is a stress management course for staff starting in Gjøvik soon but it is not a DION event.

DION will support/organize a Mental health awareness campaign for a month/week.

To do list

- 1) Make a list of the relevant organizations at NTNU (Musab coordinates): OHS, Sit, unions, course people at Gjørvik
- 2) Contact them to see what services they offer and what tips they can give.

Tentative days: first or last week of April.

Location: Gamle Fysik, Gløshaugen.

### **16:15 - 16:30 Break (15 Min)**

### **16:30 - 16:50: Cases / Inquiries (20 Min)**

- International PhD at risk of being terminated by NTNU because of degree equivalence. They will be filing an appeal. They have a good support network at NTNU and outside for their case. Erland will continue to attend meetings with them and write a letter of support.
- Artistic development program: issues with the PhDs currently employed under this new program, who cannot obtain a diploma from NTNU under this program. Erland will follow up but there is limited prospect for DION's role.
- Funding for PhDs - general information was sent

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- Breastfeeding and PhD extension: breastfeeding time does not qualify for an extension at NTNU. Mattia is working with his department admin for a case for extension to be brought to NTNU management
- Early termination: the rule is 1 month for those employed under 1 year; 3 months for those employed for more than a year but the period can be shortened if both parties agree.
- Deskfit: The launch will be supported by the DION grant.
- Medical qualification and PhD program: license to practice and access to PhD programs in medicine are different and follow their own rules. Case closed
- Undiagnosed illness and reduced working capacity: the person will contact HR.
- Juggling grant: keep the grant amount as it is. Event planned in January.

### 16:50 - 17.30: PLANING AHEAD (40 Min)

New Year resolution: plan ahead!

- Projects, seminars, workshops (e.g. choir)

Mental health Awareness campaign (April): services available and tips (based on national guidelines and recommendations from OHS)

AGM (end of April)

Choir: restart on Wed. 15<sup>th</sup> Jan. Rehearsal days will be Tues. or Wednesday.

Board team building activity in January (escape room or potluck @ Erland)

- Social events

### January

Movie/Happy hour: first week back.

### DION grant

- juggling: 30<sup>th</sup> Jan.
- Deskfit: 20-24<sup>th</sup> Jan
- Multidisciplinary work: Jan. some time - remind the organizer to consider streaming or filming the event.
- Boardgame: Jan/Feb.
- PR material

DION mugs (Angeline will inquire)

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**17:30 - 18:00: Closing**

**Other cases?**

NA

**Suggestion for the next DION board meeting and Wrapping up**

- Date for next meeting: 24/01/2020 from 15:00.

For the next agenda:

Elodie to Invite NIRS to present their work on career path at the next board meeting.

Amending the constitution of DION to ensure that we have at least one representative from each campus

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